



CONTRACT CATERING SERVICES

# LUNCH MENU

Apr 2026 - Oct 2026



| Week 1                                                                            | Monday<br>Planet Earth Day                                                                                                                | Tuesday<br>Street Food Day                | <b>FREE FROM</b><br>Main Allergens<br>Wednesday<br>'Traditional Day' | Thursday<br>India                                              | Friday<br>Favourites                          |
|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------|----------------------------------------------------------------------|----------------------------------------------------------------|-----------------------------------------------|
| Dates                                                                             | 13 Apr 2026 • 27 Apr • 11 May • 25 May • 08 Jun • 22 Jun • 06 Jul • 20 Jul • 03 Aug • 17 Aug • 31 Aug • 14 Sep • 28 Sep • 12 Oct • 26 Oct |                                           |                                                                      |                                                                |                                               |
| Option 1                                                                          | Spinach & Ricotta Tortellini in a Rich Creamy Tomato Sauce                                                                                | Tower Burger with Cajun Potato Wedges     | Beany Vegetable Hotpot                                               | Vegetable Samosa with Pilau Rice & Cucumber Raita              | BBQ Crispy Tofu Fillet with Chips             |
| Option 2                                                                          | Chickpea & Vegetable Jollof Rice                                                                                                          | Meat Feast Pizza with Cajun Potato Wedges | Lemon & Herb Roast Chicken with Roast Potatoes & Gravy               | Naga Beef Curry with Pilau Rice and Mango & Chilli Sauce       | MSC Pollock or Salmon Fish Fingers with Chips |
| On the side                                                                       | Peas & Carrots                                                                                                                            | Roasted Mediterranean Vegetables          | Broccoli & Sweetcorn                                                 | Roasted Curried Cauliflower & Green Beans                      | Garden Peas and Baked Beans                   |
| Salads                                                                            | Tomato & Basil Salad                                                                                                                      | Crunchy Coleslaw                          | Chef's House Salad                                                   | Masala Spiced Cucumber, Tomato & Onion Salad (Kachumber Salad) | Apple & Cucumber Salad                        |
| Dessert                                                                           | Fruity Yoghurt Bar with Toppings                                                                                                          | Cheesy Pot with Breadsticks               | Seasonal Fresh Fruit Salad                                           | Mango Yoghurt                                                  | Blueberry Yoghurt with Rice Krispies          |
| DAILY OPTIONS: DAILY SALAD & SEASONAL FRESH FRUIT PLATTER  FRESH BREAD & YOGHURTS |                                                                                                                                           |                                           |                                                                      |                                                                |                                               |

| Week 2                                                                            | Monday<br>'Planet Earth Day'                                                                                                     | Tuesday<br>'Street Food Day'                     | <b>FREE FROM</b><br>Main Allergens<br>Wednesday<br>'Traditional Day' | Thursday<br>Spain                                          | Friday<br>'Favourites'                             |
|-----------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------|----------------------------------------------------------------------|------------------------------------------------------------|----------------------------------------------------|
| Dates                                                                             | 20 April 2026 • 04 May • 18 May • 01 Jun • 15 Jun • 29 Jun • 13 Jul • 27 Jul • 10 Aug • 24 Aug • 7 Sep • 21 Sep • 5 Oct • 19 Oct |                                                  |                                                                      |                                                            |                                                    |
| Option 1                                                                          | Creamy Butternut Squash Macaroni Cheese                                                                                          | Cheese & Tomato Calzone with Spicy Potato Wedges | Jacket Potato with Vegetable & Bean Chilli                           | Spanish Omelette with Garlic Bread                         | Chickpea, Cauliflower & Spinach Curry with Rice    |
| Option 2                                                                          | Five Spiced Edamame Bean & Vegetable Stir Fry with Noodles                                                                       | Chicken & Sweetcorn Pie with Herby New Potatoes  | Beef Sausages with Mashed Potato & Onion Gravy                       | Spanish Chicken in Bravas Sauce with Rice                  | Vinegar Infused Tempura Pollock Fillets with Chips |
| On the side                                                                       | Sweetcorn & Peas                                                                                                                 | Vegetable Medley                                 | Shredded Green Cabbage & Sweetcorn                                   | Spanish Green Beans with Tomatoes & Spiced Roasted Carrots | Garden Peas and Baked Beans                        |
| Salads                                                                            | Herby Crouton Salad                                                                                                              | Pepper, Carrot & Cucumber Sticks                 | Chef's House Salad                                                   | Spanish White Bean Salad                                   | Cucumber Raita                                     |
| Dessert                                                                           | Fruity Yoghurt Bar with Toppings                                                                                                 | Cheesy Pot with Breadsticks                      | Seasonal Fresh Fruit Salad                                           | Cantaloupe with Mixed Berry Yoghurt                        | Apple & Banana Yoghurt Crunch                      |
| DAILY OPTIONS: DAILY SALAD & SEASONAL FRESH FRUIT PLATTER  FRESH BREAD & YOGHURTS |                                                                                                                                  |                                                  |                                                                      |                                                            |                                                    |

Please Note that some dishes maybe subject to local changes to suit individual school needs



How many colours have YOU eaten today?

Eating lots of different coloured fruits and vegetables gives you superpowers!



**IMPORTANT INFORMATION:**

Every effort is made to minimise risk of cross-contamination. However, it should be noted that our food is prepared in a kitchen where known allergens may be present and therefore the risk of cross-contamination remains a risk. Please ask staff for further details regarding specific dietary requirements and/or allergens.

Fantastic FOOD IN SCHOOLS